

AFRICAN OLINE OPEN CHAMPIOSNHIPS

The Taekwon-Do of Federation (T.F.A) in collaboration with the International Taekwon-Do Federation South Africa (I.T.F.S.A) is excited to invite you to this prestigious event. This event is aimed to unite AFRICA during this difficult time in a friendly online competition. Aiming to challenge the competitors and bring about learning and improvement.

Tournament details

Broadcast Date:	15 th August 2020
Time:	2pm to 5pm
Venue:	ITF Cyber Arena
Registration Start Date:	5 th July 2020
Registration End Date:	19 th July 2020

Links to view competition.

Facebook: https://www.facebook.com/ITFSouthAfrica
Official Website: https://www.itfsa.co.za/
Visit the ITF Online Platform: https://online.taekwondo-itf.com/en

General Information, Rules and Regulations

Participants register for the competition online and submit (upload) two videos with the patterns they perform. One pattern must be (Designated) and the second is the competitor's choice (up to their grade). Designated patterns per Gup are listed below.

After the registration deadline, the blind draws are made and published on the ITFSA webpage as well as the ITFSA Facebook page. On the day of the competition, at a fixed time ITFSA umpires will login to a specially designed online platform, watch the videos of students competing in pairs and score points in a conventional way using the online scoring system.

To register for the Online Tournament, please, follow the instructions below:

- 1. Visit the ITF Online Platform at https://online.taekwondo-itf.com/en
- 2. Select your country under the "Running Tournaments" list.
- 2. Click "Create new account" and fill out the registration form.
- 3. Confirm that you are not a robot (by reCAPTHA) and click "Create new account"
- 4. Select your category click on "Sign Up"

5. Upload your video (max. 2 videos), by clicking "Upload your video". Click "Choose File" and click "Upload". After the video is uploaded, click "Save". Own "Choice" pattern to be uploaded first.

6. If you selected a wrong category by mistake, press "Leave" and select the correct category again.

Designated patterns per rank are as follows:

Group 1:	9th - 8th Gup	(Designated - Chon-Ji)
Group 2:	8th - 5th Gup	(Designated - Dan- Gun)
Group 3:	4th - 1st Gup	(Designated - Won-Hyo)
Group 4:	1st Dan	(Designated - Chong Moo)
Group 5:	2nd Dan	(Designated - Gi-Baek)
Group 6:	3rd Dan	(Designated - Eui-am)
Group 7:	4th Dan	(Designated - Choi-yong)
Group 8:	5th Dan	(Designated - Yong – Gae)
Group 9:	6th Dan	(Designated - Se – Jong)

Categories are as follows:

1.	9 th Gup to 8th Gup – 11 years to 13 years - Male
2.	9^{th} Gup to 8th Gup – 11 years to 13 years - Female
3.	9 th Gup to 8th Gup – 14 years to 17 years - Male
4.	9 th Gup to 8th Gup – 14 years to 17 years - Female
5.	9 th Gup to 8th Gup – Adults (18 years to 39 years) - Male
6.	9 th Gup to 8th Gup – Adults (18 years to 39 years) - Female
7.	9 th Gup to 8th Gup – Veterans (40 years +) - Male
8.	9 th Gup to 8th Gup – Veterans (40 years +) - Female
9.	7 th Gup to 5th Gup – 11 years to 13 years - Male
10.	7 th Gup to 5th Gup – 11 years to 13 years - Female
11.	7 th Gup to 5th Gup – 14 years to 17 years - Male
12.	7 th Gup to 5th Gup – 14 years to 17 years - Female
13.	7 th Gup to 5th Gup – Adults (18 years to 39 years) - Male
14.	7 th Gup to 5th Gup – Adults (18 years to 39 years) - Female
15.	7 th Gup to 5th Gup – Veterans (40 years +) - Male
16.	7 th Gup to 5th Gup – Veterans (40 years +) - Female
17.	4 th Gup to 1st Gup – 11 years to 13 years - Male
18.	4 th Gup to 1st Gup – 11 years to 13 years - Female
19.	4 th Gup to 1st Gup – 14 years to 17 years - Male
20.	4 th Gup to 1st Gup – 14 years to 17 years - Female
21.	4 th Gup to 1st Gup – Adults (18 years to 39 years) - Male
22.	4 th Gup to 1st Gup – Adults (18 years to 39 years) - Female
23.	4 th Gup to 1st Gup – Veterans (40 years +) - Male
24.	4 th Gup to 1st Gup – Veterans (40 years +) - Female
25.	1 st Dan – 11 years to 13 years - Male
26.	1 st Dan – 11 years to 13 years - Female
27.	1 st Dan – 14 years to 17 years - Male
28.	1 st Dan – 14 years to 17 years - Female
29.	1 st Dan – Adults (18 years to 39 years) - Male
30.	1 st Dan – Adults (18 years to 39 years) - Female
31.	1 st Dan – Veterans (40 years +) - Male
32.	1 st Dan – Veterans (40 years +) - Female
33.	2 nd Dan – 11 years to 13 years - Male
34.	2 nd Dan – 11 years to 13 years - Female
35.	2 nd Dan – 14 years to 17 years - Male
36.	2 nd Dan – 14 years to 17 years - Female
37.	2 nd Dan – Adults (18 years to 39 years) - Male
38.	2 nd Dan – Adults (18 years to 39 years) - Female
39.	2 nd Dan – Veterans (40 years +) - Male
40.	2 nd Dan – Veterans (40 years +) - Female
41.	3 rd Dan – Adults (18 years to 39 years) - Male
42.	3 rd Dan – Adults (18 years to 39 years) - Female
43.	3 rd Dan – Veterans (40 years +) - Male
44.	3 rd Dan – Veterans (40 years +) - Female
45.	4 th Dan – Adults (18 years to 39 years) - Male

46.	4 th Dan – Adults (18 years to 39 years) - Female
47.	4 th Dan – Veterans (40 years +) - Male
48.	4 th Dan – Veterans (40 years +) - Female
49.	5 th & 6 th Dan – Adults (18 years to 39 years) - Male
50.	5^{th} & 6^{th} Dan – Adults (18 years to 39 years) - Female

- 51. 5th & 6th Dan Veterans (40 years +) Male
- 52. 5th & 6th Dan Veterans (40 years +) Female

Video production requirements

1. The camera should be positioned and fixed straight in front of the athlete in the starting position.

2. The camera should be placed at a height of 110-130 cm from the ground and sideways (16:9) if a mobile phone is used (approximately at the height of the eyes of a referee who is sitting in a chair).

3. The distance of the camera from the athlete should allow the athlete to remain within the frame during the pattern execution.

4. No zoom is allowed on the athlete's movements.

5. Stable plan when performing each technique.

6. If during the execution of a technique the athlete goes out of the frame, the camera can be rotated and follow the athlete, but it cannot zoom in or move from the original point.

7. The athlete should try to choose a space which allows to perform the technique without interruption and obstacles.

8. The athlete must wear an ITF Dobok.

9. The athlete must be barefoot.

10. The video should have sound (the athlete's exhalations must be clear).

11. The video must be uniform and may not be a compilation of any kind. Otherwise, the athlete will be disqualified.

12. Any interference or enhancements of the video are prohibited and deviations from the following presentation process will result in disqualification.

Presentation process.

Each performance should follow this order;

- 1. Video starts at "Charyot, Kwong-Ye".
- 2. The athlete greets "Taekwon".
- 3. Athlete takes the "Junbi" position for the pattern to be performed.
- 4. Pattern performance starts.

5. After the pattern is completed and after shouting the name of the pattern, the athlete returns to the "Junbi" position and waits 2-3 seconds in this position.

6. End of the video.

If you have any questions, please feel free to contact me.

Yours in Taekwon-Do,

Sabum-nim Michelle Rahl

I.T.F.S.A.: Tournament and Umpire Director

Email: mrahl@itfsa.co.za | Mobile: +27836026092

