



INTERNATIONAL TAEKWON-DO FEDERATION OF SCOTLAND



ITF Scotland Administration Unit F 24 Rosyth Road Glasgow G5 0YD itfscotland@outlook.com

ITF ONLINE PATTERN COMPETITION 2020

Dear Competitor,

On behalf of International Federation Scotland it gives me great pleasure to invite you to participate in the International Taekwon-Do Scotland Online Tul Tournament 2020.

Below are the details:

Date: 16th May 2020 (Sunday)

Time: 9.00am – 12.00pm

Venue: ITF CYBER ARENA

This event is open to colour belts and black belts aged 11+.

We sincerely hope you will participate in this ground-breaking event.

Your active participation and cooperation in this championship is very much appreciated.

The details and information regarding this championship are enclosed.

Important Dates :

- Registration Open from 3rd May to 10th May 2020
- Draws released 12th May 2020
- Broadcast scheduled 16th May 2020

Yours in Taekwon-Do,

Master John Reilly ITF Scotland Team Administration

> Team Administration – Master John Reilly www.itfscotland.co.uk







Online Entry Form - https://online.taekwondo-itf.com/en

General Information, Rules and Regulations

Participants register for the competition online and submit (upload) two videos with the patterns they perform.

One pattern is performed and it is the competitor's choice (at their grade)

After the registration deadline, the blind draws are made and published on the tournament webpage. On the day of the competition, at a fixed time umpires login to a specially designed online platform, watch the videos of athletes competing in pairs and score points in a conventional way on the handheld scoring devices.

The competitions will be broadcasted online via the official NGBs websites.

To register for the Online Tournament, please, follow the instructions:

- 1. Visit the ITF Online Platform at https://online.taekwondo-itf.com/en and select your country under "Running Tournaments"
- 2. Click "Create new account" and fill out the registration form
- 3. Confirm that you are not a robot (by reCAPTHA) and click "Create new account"
- 4. Select your category click on "Sign Up"
- 5. Upload your video (max. 2 videos), by clicking "Upload your video". Click "Choose File" and click "Upload". After the video is uploaded, click "Save".
- 6. If you selected a wrong category by mistake, press "Leave" and select a proper category again.

Team Administration – Master John Reilly www.itfscotland.co.uk







Video production requirements

- 1. The camera should be positioned and fixed straight in front of the athlete in the starting position.
- 2. The camera should be placed at a height of 110-130 cm from the ground and sideways (16:9) if a mobile phone is used (approximately at the height of the eyes of a referee who is sitting in a chair).
- 3. The distance of the camera from the athlete should allow the athlete to remain within the frame during the pattern execution.
- 4. No zoom is allowed on the athlete's movements.
- 5. If during the execution of a technique the athlete goes out of the frame, the camera can be rotated and follow the athlete, but it cannot zoom in or move from the original point.
- 6. The athlete should try to choose a space which allows to perform the technique without interruption and obstacles.
- 7. The athlete must wear a Dobok.
- 8. The athlete must be barefoot.
- 9. The video should have sound (the athlete's breath control must be clear).
- 10. The video must be uniform and may not be a compilation of any kind. Otherwise, the athlete will be disqualified.
- 11. Any interference or enhancements of the video are prohibited.

Presentation process

The match begins with the designated pattern.

- 1. Video starts at "Charyot, Kyong-Ye"
- 2. The athlete greets "Taekwon"
- 3. The athlete takes the "Junbi" position from the pattern which will be performed
- 4. Performance starts
- 5. After the pattern is completed and after shouting the name of the pattern, the athlete returns to the Junbi position and waits 2-3 seconds in this position.
- 6. End of the video.